



Manage your care with MyHealth

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Managing your care is quick and easy with MyHealth. Simply get your account and log in from your mobile phone or computer.

EASY ACCESS TO HEALTH INFORMATION

- Get test results
- View medications
- Trend biometrics (weight, blood pressure, etc.)
- Review past visit notes

QUICK AND SECURE COMMUNICATIONS

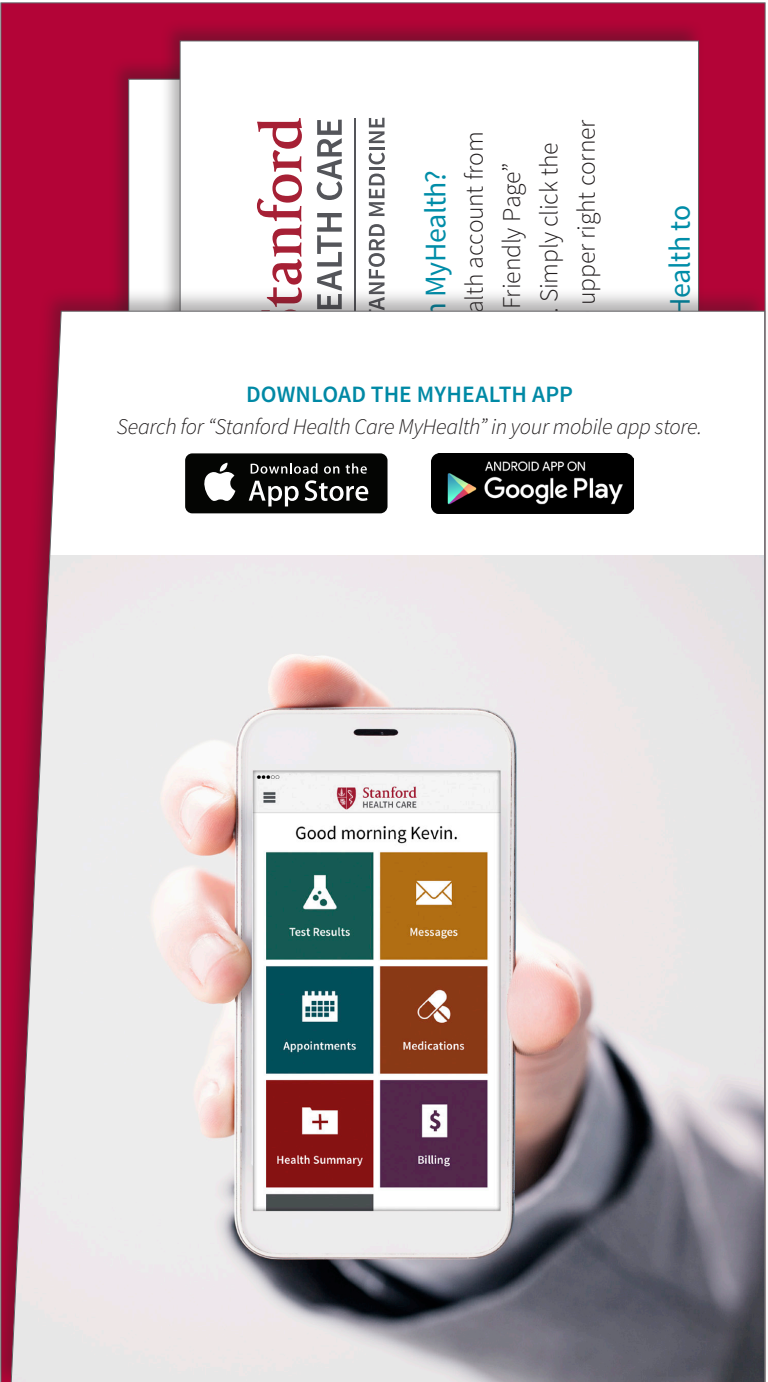
- Send messages to your care team
- Attach pictures when needed
- Receive email and mobile notifications regarding new test results and messages

APPOINTMENTS, BILLING AND MORE

- Schedule appointments
- View and pay bills
- Allow caregivers to "Share Access"
- Conduct video visits

SIGN UP TODAY
stanfordhealthcare.org/myhealth

personalized letter from the clinic and the MyHealth FAQs are tri-folded and inserted into this holder



DOWNLOAD THE MYHEALTH APP
 Search for "Stanford Health Care MyHealth" in your mobile app store.

Download on the **App Store** | **ANDROID APP ON Google Play**