

Memory Disorders Caregiver Support Group



Neuroscience Supportive Care Program

Are you caring for a loved one with a diagnosis of Mild Cognitive Impairment, Alzheimer's disease, or a related dementia? You are not alone. Join our support group to connect with others experiencing similar challenges. The group offers a safe space for peer support and to share information and learn about available resources. The Memory Disorders Caregiver Support Group is facilitated by the Stanford Health Care Aging Adult Service's Memory Support Program.

Walk-ins welcome.

If your loved one has a diagnosis of Mild Cognitive Impairment, he or she may wish to participate in the *Dance to Remember* offering located at the Wellness Room 1511 while you attend this support group.

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- Dates:** 4th Friday of the month
1/26, 2/23, 3/23, 4/27, 5/25, 6/22
- Time:** 3:00pm–4:30pm
- Location:** Stanford Neuroscience Health Center
213 Quarry Road,
Basement Floor, Conference Room 0511
Palo Alto, CA 94304
- Questions:** Call 650.721.8500
- Websites:** www.stanfordhealthcare.org/nscp
www.stanfordhealthcare.org/agingadultservices

The Stanford Supportive Care Program provides free classes, workshops, fitness classes, services, and support to all neuroscience patients regardless of where they receive their care.



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