



**From Bryan Bohman, MD**  
Chair, Physician Wellness Committee

**EMR IMPACT ON PHYSICIAN QUALITY OF LIFE**

We've all had our frustrations with Epic, which I like to describe (stealing from Churchill) as "the worst possible electronic medical record, except perhaps for all the others." But beyond anecdotal tales of woe, a more systematic look at the effects of the EMR on physicians' professional quality of life – and how to mitigate any negative impact - is needed.

With LPCH joining SHC as an Epic shop recently, it is timely to note that Stanford has been included in an upcoming AHRQ NIH-funded study of Health Information and Communications Technologies (HICT) entitled "Minimizing Stress, Maximizing Success of Physicians' Use of Health Information Technology" (the MS Squared Study).

One advantage of having a Physician Committee for Professional Satisfaction and Support (SCPSS) is the opportunity to network around issues relating to physician wellness. The collaboration on this upcoming work of our own Dr. Nancy Morioka-Douglas, Clinical Professor and Medical Director for Patient Centered Care for Primary Care, with Dr. Mark Linzer, nationally known for his work in physician burnout, came about due to Mark's engagement with SCPSS work over the past several years.

This multi-site study, including Stanford Medical Center, University of New Mexico Health Sciences Center, Hennepin County Medical Center in Minneapolis and St. Joseph's Hospital in Phoenix, will examine the impact of health information technology on clinician wellness and professional satisfaction. It will look at parameters such as quality of life, workload, clinical care, time pressures and work-life balance. In addition, the investigators are very interested in identifying successful strategies that clinicians use to cope. At Stanford plans are being made for focus groups and individual interviews as part of the research protocol.

Results will be used in partnership with national organizations to publicize strategies to address this important issue. **Your participation, if invited, will be a tremendous help for your colleagues nationally.**

**Calendar:**

For details of these and more events/classes, plus CME wellness courses, see [WellMD Calendar](#)

- 6/3 - Election Day
- 6/4 - Stanford Early Music Singers
- 6/4 - New Technology in Medicine - a Global Challenge
- 6/6 - 20th Annual 5K Run and Walk for Lupus
- 6/6 - Air Pollution and Short-Term Mortality in Beijing
- 6/9 - Health and National Security: A Collision of Cultures
- 6/10 - Combat Casualty Care Research and Implications for Civilian Care
- 6/11 - Walking Tour of Medical Center Architecture
- 6/12 - Caring for a Loved One with Alzheimer's
- 6/13 - Organ concert with Robert Huw Morgan
- 6/13 - Social Media and Medical Education
- 6/14 - School of Medicine Commencement
- 6/17 - All Hospital Schwartz Rounds
- 6/21 - Summer Solstice
- 6/21 - Landscape Photography at Jasper Ridge
- 6/22 - Packard Summer Scamper
- 6/25 - Majestic Sites: A Survey of the Most Unusual Places on Earth
- 6/28 - The Best Camera: Your Mobile Device
- 6/28 - Memoir Workshop
- 6/30-8/18 - Orson Welles on Film

**Summer quarter registration:**

- [Stanford Cont. Studies](#) – 5/19
- [Recreation Classes](#) – 6/9
- [HIP Classes](#) – 6/11

**Recent Research:**

**The People Versus The Electronic Medical Record, Last Thursday.** Fox GS. Acad Psychiatry. 2014 Feb 20. [Epub ahead of print] PMID: [24554500](#)  
A look at a frustrating day in the life of an academic clinician and the EMR.

**Electronic medical record utopia may be right before our eyes.** Rosenberry C. West J Emerg Med. 2014 Feb; 15(1): 94-5. PMID: [24578771](#)  
Possible uses of Google Glass to make the medical encounter/documentation more efficient.

**Electronic health record training in undergraduate medical education: bridging theory to practice with curricula for empowering patient- and relationship-centered care in the computerized setting.** Wald HS, George P, Reis SP, Taylor JS. Acad Med. 2014 Mar; 89(3):380-6. PMID: [24448045](#)  
Didactic look at components of needed EMR skills for effective patient-centered care.