

CLINICAL PASTORAL EDUCATION

Description of the Clinical Setting: Stanford Health Care is a 500 bed academic medical center with an international reputation for advanced treatment of complex disorders in areas such as cardiovascular care, cancer treatment, neurosciences, surgery, orthopedics and transplantation. The Stanford University Medical Center is comprised of three world-renowned institutions: Stanford Health Care, the Stanford University School of Medicine, and the Lucile Packard Children's Hospital. CPE Students (Interns, Residents, Level II Specialization and Supervisory CPE students) provide spiritual care across Stanford Health Care and are on-call for Stanford Hospital and Lucile Packard Children's Hospital at Stanford.

About the Program:

Clinical Pastoral Education is interfaith professional education for ministry. It brings theological students and ministers of all faiths (pastors, priests, rabbis, imams, and others) into a supervised encounter with persons in crisis. Out of an intense involvement with persons in need, and the feedback from peers and teachers, students develop new awareness of themselves as persons and the needs of those to whom they minister. From theological reflection on specific human situations, they gain a new understanding of ministry. Within the interdisciplinary team process of caring for persons, they develop skills in interpersonal and interprofessional relationships.

Four programs of CPE are conducted on the Stanford campus; they are a supervisory fellowship, a year-long residency, a level 2 specialization, and a single unit internship. The fellowship is at minimum a three year program and is arranged on an individual basis. The specialization is a 12 month program and is arranged on an individual basis. Both the Residency and the Internship include, as a full-time weekly schedule: 10-15 hours of individual or group meetings (spiritual care reports, didactics, interpersonal relations seminars and individual supervision); 25-30 hours for direct patient contact, including ministering to family members and staff, attending patient care conferences, participation in the operations of the department; and weekly participation in the on-call schedule. Outside of the clinical and educational schedule, the program requires additional reflection and writing on a weekly basis. The CPE peer group is generally 4-6 members.

Program participants are part of the university community at Stanford, and we are located on campus and have direct access to its extensive resources and facilities. While the assigned care area will be at SHC, CPE chaplains are included in on-call coverage (evening and weekends) at Lucile Salter Packard Children's Hospital (LPCH). Each clinical setting offers an extensive range of specialties and medical education typical of major teaching hospitals.

Applications for CPE should be directed to the Clinical Pastoral Education Program, Spiritual Care Service, Stanford Health Care. SpiritualCare@stanfordhealthcare.org

A CPE application may be downloaded from our Stanford Health Care website. All submitted applications should include a processing fee of \$30 (check made payable to

Stanford Hospital Spiritual Care Service). Applications will be reviewed by our faculty and decisions about next steps will be made within 30 days. Thank you for your interest in Stanford Hospital, and we look forward to planning together how we may be of assistance in strengthening your pastoral ministry.

CPE Residency: A year-long residency begins in September, the Wednesday after Labor Day, and concludes the fourth weekend of the following August. The program is designed to provide participants with opportunities for Level I, and II CPE. Graduates receive four units of CPE credit.

CPE Internship: A one unit internship is offered throughout the year by arrangement. The Summer internship begins the first week of June and concludes the third weekend of August.

Supervisory Training: Supervisory training is specialized training post residency that is designed to develop ACPE Supervisors. Supervisory Fellows progress through the various levels of ACPE Certification including readiness, Supervisory Candidacy, Certification of Supervisory position papers, and Association Certification.

Level II Specialization: Upon occasion, a student's learning goals, the clinical opportunities at SHC, and the supervisor's appraisal of the student's functioning will afford an opportunity for specialization. The pastoral care specialty draws upon the ACPE Objectives in providing students the opportunity to a) become familiar with and apply relevant theories and methodologies to one's ministry specialty (310.3), b) formulate and apply one's philosophy and methodology for the ministry specialty (310.4), and c) demonstrate pastoral competence in the practice of the specialty (310.5). SHC is accepting applications for specialty placements on either Emergency or Palliative Care.

Frequently Asked Questions:

- **What is the tuition for CPE?**
Tuition for the Residency, Internship and Specialization is five-hundred dollars (\$500.00) for the first unit and four-hundred dollars (\$400.00) for each consecutive unit.
- **Who will supervise the CPE units? (i.e., does the Center have supervisors-in-training who will be doing supervision, and what will be their responsibilities compared to those of the training supervisors?)**
 1. The Rev. Landon Bogan directs the CPE program at SHC. He is certified to supervise level I, II, and Supervisory CPE, is the principal supervisor for the CPE Program and directly supervises specialization students and students in supervisory education.
 2. The Rev. Jen Dillinger is a certified Supervisory Candidate and is involved in supervision at SHC within the ACPE Standards for supervisory education.
 3. The supervisory fellows (enrolled in Supervisory CPE) at Stanford are involved in supervision of the residency and internship at SHC, within the ACPE Standards for supervisory education. Generally this process progresses from observation to co-supervision to direct supervision of a unit of CPE under the guidance of the certified

supervisor. Interns and residents at Stanford will need to sign a waiver for supervision by a Supervisory Education Student and consent to being video-taped during the student supervised practicum.

- **What is the style of CPE supervision at this center?**
A pastoral and collaborative learning style, seeking to identify and support the goals each student brings to the program.
- **How much time is spent on the floors (clinical) and in structured education (pastoral care labs)?**
In general, students spend approximately twenty five (25) hours providing direct patient, family and staff care, and fifteen (15) hours each week in structured education. In addition, on-call is a twenty four (24) hour clinical shift that is scheduled no more than once each week. Participants have case studies and reflections to prepare as homework.
- **Is there housing and stipend provided?**
Housing assistance is not available for the CPE program and students are required to secure their own housing. This is often discussed in the interview. SHC is accessible by train and bus so commuting is possible. Students are required to be on-site for the 24 hour on-call shift. The Residency provides a stipend of \$33,000 per year plus the option to earn another \$5,000 through on-call.
- **What is the schedule for the program?**
All CPE programs at SHC involve a full-time weekly schedule of Monday-Friday 9:00am-5:00pm plus on-call rotations. For the Residency Program, five days of time-off are accrued at the end of each of the first three units. No time-off is accrued for the Summer Program. On-call rotations during holiday periods and clinical weeks between units will be determined after the start of the program.
- **How much time does on-call require?**
The CPE residents and interns provide 2/3 of the on call for Stanford Health Care and Lucile Packard Children's Hospital Stanford. On-call involves remaining on premises, carrying the on-call pager and responding to pages and codes. During the daytime hours, the on-call chaplain will triage calls to the appropriate chaplain on-premises. From 5:00 p.m. to 9:00 a.m. the on call chaplain will respond to pages in-person. The frequency of on-call rotations per student is approximately once per week. A small stipend is provided for the on-call service.
- **How is the choice of clinical assignment made?**
Clinical assignments take into consideration the needs of the nursing units, the stated learning goals of the student, the student's experience, and the Spiritual Care Service goals. At SHC, CPE students remain on at least one clinical area for the entire year in order to deepen involvement with the interdisciplinary team. For this reason, there are a limited number of clinical placements and not everyone will receive their first choice. Every effort is made to ensure students receive exposure to the clinical areas of interest.

- **What is unique about CPE training at this center?**
 - SHC is truly an academic medical center, providing CPE residents and interns a host of learning opportunities including Grand Rounds, Visiting Lecturers, and Schwartz Rounds as part of the program.
 - The program is on the campus of Stanford University and affords residents access to dynamic educational and extra-curricular community life of the University and the University Office of Religious Life.
 - CPE residents and interns work alongside staff chaplains and Spiritual Care Volunteers in the Spiritual Care Service.
 - The learning environment emphasizes openness to learning and appreciation and respect for diverse spiritual, religious and cultural views.
 - CPE students will receive extensive experience in bereavement care, working closely with families and hospital staff in death-and-dying situations at SHC. Participants often find that bereavement care is an intense learning experience.
 - Chaplains are challenged to provide spiritual care through a listening presence to patients and families experiencing crisis in what may be perceived as the impersonal setting of a high-tech medical center.
 - As chaplains assigned to a specific clinical area, CPE students provide staff support as another important component of the chaplain's role.

To Apply:

Please complete and send a CPE application and a processing fee of \$30.00 (check payable to Stanford Health Care) to:

Spiritual Care Service
Stanford Health Care
300 Pasteur Dr., HG004
Stanford, CA 94305-5625

To apply to a Satellite Affiliate:

Stanford has three satellite affiliates: The Kaiser Permanente Hospital in Walnut Creek , CPE of Central California and The San Francisco Night Ministry. For information on the Kaiser program contact Jurgen Schwing @ Jurgen.Schwing@kp.org. For more information about CPE of Central Valley contact Kido Ahn at kidoahn@cpecentralca.org. For more information about the San Francisco Night Ministry contact Rod Seeger at rodseeger@aol.com. If you have further questions, please call Raksha Patel at 650.723.5101 or send an email to SpiritualCare@stanfordhealthcare.org

Clinical Pastoral Education (CPE) at Stanford is accredited for CPE, Levels I and II, and supervisory education by the Association for Clinical Pastoral Education, Inc., One West Court Square, Suite 325, Decatur, GA 30033-4635 (p: 404/320-1472; web: www.acpe.edu).